

This Definitive, Up-to-Date Book Reveals the  
Best, Most Sensible Ways to Manage  
Chronic Kidney  
Disease

# *The* **Vegetarian Diet** *for Kidney Disease*

*Preserving Kidney Function with Plant-Based Eating*



**Banishes Myths Surrounding This Diet**

- Explains how different stages of the disease benefit from different diets
- Explores common kidney problems and how to approach them
- Provides detailed meal plans and recipes for tasty foods

**JOAN BROOKHYSER HOGAN, R.D.**

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# **The Vegetarian The Vegetarian Diet for Kidney Disease: Preserving Kidney Function with Plant-Based Eating Diet for Kidney Disease: Preserving Kidney Function with Plant-Based Eating**

Joan Brookhyser Hogan

jam-packed with essentially states modern info at the foremost equipment for coping with kidney disease. This important publication has loads of particular info to aid readers in enforcing or carrying on with a plant established nutrition that may enhance the future health in their kidneys. comprises specified meal plans and recipes.

## **The Vegetarian Diet For Kidney Disease Preserving Kidney Function With Plant Based Eating**

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