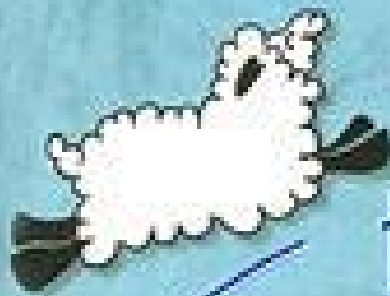


The Learning About Myself (LAMS) Program for At-Risk Parents



*Learning from the Past—
Changing the Future*

Verna Rickard, BSW, LSW

The Learning about Myself (LAMS) Program for At-Risk Parents: Learning from the Past--Changing the Future

Verna Rickard

the educational approximately Myself (LAMS) software for At-Risk Parents: studying concerning the Past--Changing the longer term offers a basic, hands-on, weekly curriculum in response to the idea that of "Learning approximately Myself" that is helping swap participants'lives from hopeless and helpless to convinced and self-assured. Social workers, counselors in private and non-private agencies, scientific psychologists, therapists, staff leaders, and educators can use this publication to assist consumers focus on existence instead of be beaten via life's problems. individuals of this system persist with the second one e-book during this set, the training approximately Myself (LAMS) instruction manual for crew Participants, to benefit easy methods to make greater decisions, set goals, and dwell existence through selection instead of through chance. The studying approximately Myself (LAMS) software for At-Risk mom and dad is the results of writer Verna Rickard's a long time of casework in in depth home-based companies to high-risk abusive and neglectful families. you will discover that it: defines vainness and explains how self-talk and offerings form your lifeexplains passive, aggressive, and assertive attitudes and provides them via role-playtells the best way to make buddies and the way to be a chum to othersexplores how formative years studies impression your current self-imageshows why taking time for your self is necessary to the way you believe approximately your lifepresents easy abilities for residing and practices them via staff activities, speakers, and gamesThe studying approximately Myself (LAMS) application for At-Risk mom and dad is an entire blueprint for altering lives. It teaches easy talents and creates observable adjustments in appearance, confidence, and self-image. The book's language is easy to understand, and you'll simply adapt this system to every age and either sexes. LAMS can be utilized as an creation to person counseling or because the sole remedy method. The chief of this direction doesn't have to be a therapist, basically an individual with a easy wisdom of social paintings The Learning about Myself (LAMS) Program for At-Risk Parents: Learning from the Past--Changing the Future or mental concepts. (Please additionally see the identify the educational approximately Myself The Learning about Myself (LAMS) Program for At-Risk Parents: Learning from the Past--Changing the Future Myself (LAMS) application for At-Risk Parents: instruction manual for staff Participants, the second one booklet during this set. Therapists: Take 50 off the workbook rate while ordering five or extra copies!)If your organisation has questions or would favor in-person guidance in constructing or education facilitators for the LAMS program, touch Verna Rickard, BSW, LSW, in castle Worth, Texas, via cellphone at (817) 246--9215.

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