

HONEST MEDICINE

SHATTERING THE MYTHS ABOUT AGING AND HEALTH CARE

What Your Doctor has to tell you goes beyond what you hear on the news. But your doctor's words can be hard to hear. The reasons are not always obvious. In *Honest Medicine*, you'll learn how the "gray zone" of aging affects your health. **What Your Doctor** also tells you about what you can do to stay healthy as you age. **What Your Doctor** is a must-read for anyone who wants to understand the challenges of aging.

DONALD J. MURPHY, M.D.

Honest Medicine: Shattering the Myths about Aging and Health Care

Donald J. Murphy

In a radical exam of the arguable concerns linked to healthiness take care of older patients, Dr. Murphy unites the checklist immediately on well known myths, errors and misconceptions. issues comprise Honest Medicine: Shattering the Myths about Aging and Health Care preventive medicine, universal difficulties linked to aging, power and critical conditions, and cultivating a fit courting together with your caregiver.

Honest Medicine Shattering The Myths About Aging And Health Care

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