
HARD LABOR

Newly Updated with a Special Epilogue

*For every woman who has ever wondered
what it's like to give birth*

*For every mother whose memories
of childbirth remain vivid*



"Susan Diamond has done American women a great service by revealing what goes on in the obstetrical wards of U.S. hospitals. Diamond's compassion and honesty sparkle on every page."

—INA MAY GASKIN, C.P.M.

The Truth About Having Babies in America
Dramatic Stories of Real Women and Their Babies
The Information You Need to Make Informed
Choices About Childbirth

SUSAN L. DIAMOND, R.N., B.S.N.

Hard Labor: Reflections of an Obstetrical Nurse

Susan L. Diamond

In *challenging Labor*, Susan L. Diamond, B.S.N., R.N., stocks a unique, insider's view of childbirth. Diamond's life of adventure - as a prepared-childbirth instructor, as an obstetrical nurse who spent approximately a decade engaged on hard work and supply wards, and as a mom of 2 - has given her an unrivaled point of view on giving start and at the impression of recent medication in this such a lot distinct time for mom and child. Too frequently in American hospitals *Hard Labor: Reflections of an Obstetrical Nurse* today, the method of work and supply is taken care of as an illness, now not as a natural, if life-altering, event. girls are dehumanized via artificially proven "labor curves" and restricted by way of often-unnecessary machinery; their own needs, even their privacy, subsumed lower than the foundations of the system. worry of malpractice has further to the pressure of the process - yet so has an absence of actual worrying and a passion for expediency. Diamond's imaginative and prescient of childbirth as a natural, common event, one who might be *Hard Labor: Reflections of an Obstetrical Nurse* enhanced, no longer corrupted, via smooth medicine, shines from each web page of this powerful, emotionally evocative work. not easy exertions introduces readers to dozens of mothers, fathers, and families, and divulges the broad spectrum of triumph and tragedy that fills exertions and supply wards. Diamond's fellow nurses, and the medical professionals with whom they work, additionally spring to existence in *Hard Labor: Reflections of an Obstetrical Nurse* her shiny recountings of scientific mess ups and miracles. From debts of the unhappiness of loss of life in utero to the enjoyment of abruptly supplying twins, difficult exertions is a relocating examining experience. yet more, it deals ladies the data they should make trained offerings approximately their *Hard Labor: Reflections of an Obstetrical Nurse* very own plans for childbirth.

This was once a hugely stress-free learn for me, yet as i have acknowledged before, i am a sucker for memoirs, and i've to recognize its many flaws. *Hard Labor: Reflections of an Obstetrical Nurse* Firstly, i do not be aware of who her viewers is meant to be. i would not suggest this to an expectant mom since it could simply scare and confuse her. it is not technically worthy to me as a brand new delivery specialist simply because it is dated and the technical info isn't really shared in any form of equipped way. *Hard Labor: Reflections of an Obstetrical Nurse* For example, round web page four hundred she states for the 1st time that she is opposed to "purple pushing" or sustained non-spontaneous pushing, yet that is after studying dozens of bills of her utilizing the strategy as a L&D nurse. To be frank, whilst a memoir it has got significant structural issues. it is not informed in chronological order, yet there is no literary justification for that and it comes throughout as bad, or lack of, editing. And-- i guess you'll name this only a puppy peeve, yet at any time when she describes a male doctor, nurse, or father who she in demand or authorized of, he's defined as "ruggedly handsome" or having "bedroom eyes" or something. So, is that why the writer recollects them as higher than the rest? Or, is she taking artistic license? That was once a unusual turn-off. All that being said, why was once it an relaxing read? Well, it offers buckets of anecdotal information from the point of view of a L&D nurse. most likely of so much price to me used to be *Hard Labor: Reflections of an Obstetrical Nurse* the examples she gave of the conversational parts of taking care of an

expectant mother. What do these encouraging phrases sound like, while is it the correct temper to place a hand at the father's shoulder, simply what does it sound like in Hard Labor: Reflections of an Obstetrical Nurse that supply room? I do suppose I got here clear of it with a few phrases in my mouth, and extra of a feeling of "how to be" whilst helping a mom in labor.

Hard Labor Reflections Of An Obstetrical Nurse

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